7 POWERFUL MORNING SCRIPTURES TO START YOUR DAY

Instructions: Find peace in your morning with these Scriptures. Print on cardstock, cut, and put them where you will see them every morning.

A Bible Verse for When You Feel Anxious

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
—Philippians 4:6–7

Speak This:

"God, I release my worry and receive Your peace."

A Bible Verse for When You Feel Overwhelmed

"When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you."
—Isaiah 43:2

Speak This:

"You're with me in the deep waters. I won't be afraid."

A Bible Verse for When You Feel Sad

"The Lord is close to the brokenhearted and saves those who are crushed in spirit."
—Psalm 34:18

Speak This:

"God, thank You for staying close when my heart feels heavy."

A Bible Verse for When You Feel Tired

"Come to me, all you who
are weary and burdened,
and I will give you rest."
—Matthew 11:28

Speak This:

"Jesus, You are my rest today."

A Bible Verse for When You Feel Insecure

"I praise you because I am
fearfully and wonderfully made;
your works are wonderful,
I know that full well."
—Psalm 139:14

Speak This:

"I am fearfully and wonderfully made — and deeply known."

A Bible Verse for When You Feel Directionless

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."
—Proverbs 3:5–6

Speak This:

"I trust You to lead me today, even when I don't see the way."

A Bible Verse for When You Feel Grateful

"The Lord has done it this very day; let us rejoice and be glad in it."
—Psalm 118:24

Speak This:

"God, I receive this day as a gift. Thank You."