



# My Morning Compass

A Faith-Filled Morning Checklist

Today's Date: \_\_\_\_\_

Scripture of the Day: \_\_\_\_\_

*Need help? Try the Psalms, Proverbs, or Gospels.*

Focus Word or Intention for Today: \_\_\_\_\_

*One word or short phrase that will anchor your mindset.*

Top 3 To-Dos (Just the Essentials):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

People I'm Praying For Today: \_\_\_\_\_

Fresh Idea or Nudge From God: \_\_\_\_\_

*Is something stirring in your heart as you spend time with God?*

One Thing I Will NOT Do Today:

*What will you release in order to protect your peace?*

- ☐ Strive
- ☐ Compare
- ☐ Overcommit
- ☐ Pick up what God asked me to lay down
- ☐ Other \_\_\_\_\_

One Thing I'm Thankful for This Morning: \_\_\_\_\_

\_\_\_\_\_

What I'm Handing Over to God Today: \_\_\_\_\_

*A worry, a burden, or a situation beyond your control.*

Want more resources for your mornings?  
Read *How to Love Your Morning*.

