

## DAY TWO

### *your happiness style*

---

Did you know that God wired you for happiness? It's time to discover how God designed you, to uncover the places where greater happiness awaits you, like unwrapped gifts from your Father.

Take the Happiness Quiz at [www.TheHappinessDare.com](http://www.TheHappinessDare.com). What was your result? (It's ok if you scored closely on two styles. List them both!)

Did the result surprise you or affirm you? Why?

Read the verse that corresponds to your style. What does that verse say about God's work in you, as you pursue happiness in a way that fits your personality?

Doers: Colossians 3:23

Relaters: Hebrews 10:24-25

Experiencers: Psalm 63:3-5

Givers: Isaiah 58:10

Thinkers: Luke 10:27



Write out your verse below:

What is one way you can keep your verse in mind this week?

Did you check out Jennifer's list of 30 ways to boost your happiness? It's in today's email. Pick three to try this week, and write them in the space below. Come back next week and make a note of the results!

"WHEN OUR HAPPINESS INCREASES IN MANIFOLD, GOD-HONORING  
WAYS, WE ARE NOT BEING SELFISH OR SINFUL. THE HAPPIER WE ARE,  
THE MORE WE ARE BECOMING LIKE OUR SAVIOR."

- THE HAPPINESS DARE