

DAY ONE

happiness and holiness

Consider God's character. On a scale of 1 to 10, how "happy" do you view God?

1 2 3 4 5 6 7 8 9 10

Read the Parable of the Loaned Money in Matthew 25. What does the Master invite his servants to share in? (Matthew 25:21).

God cannot give what He doesn't have. He invites us into happiness, because He is the source of it. Take a moment to think about what it means for God to be the *source* of your happiness. How has that been true in your life?

Think specifically about your faith journey, and how God has shaped you by His holiness. When you recall those memories, think about how your happiness and His holiness are closely linked. (Ex. – spiritual retreat with friends, a revelation in Scripture, the day of your baptism)



Read Psalm 37:4. Fill in the blanks below:

_____ yourself in the _____; and he will give you the desires of your heart.

Make a list of God-given delights in your life.

Did you check out Jennifer's Spotify playlist? She's got a link in today's email. What songs would you add to her list?

"HAPPINESS ISN'T SELFISH OR STUPID OR WRONG OR RIDICULOUS.
WHEN WE SEEK IT, WE ARE MORE, NOT LESS, LIKE JESUS."
- THE HAPPINESS DARE