

DAY FOUR

"should" v. "get to"

Most days, do you find yourself feeling more like you “should” or more like you “get to?” Mark where you are on this scale.

SHOULD | | | | | | | GET TO

Think about all that you feel like you should do today/this week. What made the list?

How can you reframe your obligations with “get to”? (For inspiration, see Jennifer’s examples from her email.)

Read Acts 17:24-28. What do these verses suggest about your purpose, and the work that you’ve been called to do?



Write out the verses below:

Friend, know that you have such a specific, God-ordained role on earth. Some days are wearying and all the “shoulds” upon you feel heavy. But God chose you for this very moment. You are in the right place at the right time. You GET TO live this one beautiful life you’ve been given. Write a short prayer, based on how that truth settles in your spirit today.

“YOUR DESIRE TO LIVE HAPPY IS NOT A FLAW. IT IS YOUR SOUL’S
MEMORY OF THE ORIGINAL PARADISE, ETCHED AND ALIVE IN YOU.”

- THE HAPPINESS DARE